

CARDIOVASCULAR CONSULTANTS, P.A.

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Patient Instructions Before Permanent Pacemaker Implantation

Procedure: _____ **Doctor:** _____

Date: _____ **Time:** _____ **Suggested Arrival Time:** _____

One to Seven Days before:

1. Please complete any requested blood tests. Patients of child bearing potential need a pregnancy test.
2. Review directions to the Hospital. They can be sent to you, or you can obtain them by going to www.maps.com. Enter your address as the starting address, and the hospital's address (7600 Carroll Avenue, Takoma Park Maryland 20912) as the ending address.
3. Please notify our office if you take any "blood-thinners" like coumadin/warfarin, Plavix, or aspirin. Please notify our office if you are diabetic. Continue all your medications as prescribed unless you are instructed otherwise.
4. Please notify the staff in our office of any **Allergy to shellfish, iodine, or IV dye or contrast.**

The night before and day of the procedure:

1. Do not eat or drink after midnight the evening before the procedure. Do not eat or drink the morning of the procedure. You may have sips of water to take your medications.
2. Bring your insurance information and insurance ID card.
3. Leave all things you consider valuable at home.
4. Prepare a list of your medications, **including names, doses and times** they are taken.
5. Wear clothes that are easy to put on and take off.
6. Unless you are scheduled for a Tilt Table Test, you must *either* bring someone with you to drive you home *or* you will need to take a cab/public transportation home. This is due to a mild sedative administration for the procedure and precludes you from driving yourself home. In addition, some procedures require an overnight hospitalization for monitoring. We will notify you if this is the case.

When You Arrive:

1. Check in at the **Admitting office** located on the 1st floor, just inside and to the right from the front door of Washington Adventist Hospital. Please bring your insurance information and your referral if applicable.
2. Then report to the **Transcare Unit**, located in the floor below (LL1) which is near the Hospital Emergency entrance. The nurses will check you in and prep you for the procedure.

Please be advised that we will do everything possible to have your procedure done at the scheduled time, however, sometimes emergencies can cause unavoidable delays and we appreciate your patience.